

# DR. TEMESGEN TILAHUN BEKABIL

MD, Specialist (OB/GYN), Subspecialist (Maternal-Fetal Medicine)

Associate Professor · Wollega University, Ethiopia

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## PERSONAL DETAILS

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✉ temesgentb@wollegauniversity.edu.et  
📞 +251 912 057 186  
🏠 Nekemte, East Wollega, Ethiopia  
👪 Married, 3 children

## LANGUAGES

- English — Excellent
- Amharic — Excellent
- Afaan Oromo — Excellent

## CORE SKILLS

- ◆ Communication & Presentation
- ◆ Training & Mentoring
- ◆ 9 Yrs Leadership Experience
- ◆ Team Management
- ◆ Conflict Resolution
- ◆ Research & Publication
- ◆ MS Project Software
- ◆ Medical Education
- ◆ Grant Writing

## MEMBERSHIPS

- ◆ Ethiopian Society of OB/GYN
- ◆ Ethiopian Medical Association
- ◆ Society of Maternal-Fetal Medicine
- ◆ Fetal Medicine Foundation
- ◆ African Perinatal Society
- ◆ Int'l Urogynecology Assoc.
- ◆ Oromia Physician Association

## EDITORIAL ROLES

- Academic Editor:
- PLOS ONE

## PROFESSIONAL PROFILE

A highly distinguished Associate Professor and Subspecialist in Maternal-Fetal Medicine with over 17 years of teaching, research, and clinical excellence. Dr. Bekabil holds an MD from the University of Gondar, a specialty in Obstetrics & Gynecology from Jimma University, and a subspecialty in Maternal-Fetal Medicine from Jimma University in collaboration with Claude Bernard University of Lyon, France (2026). Author of 62 peer-reviewed publications, 9-year leader, and dedicated mentor — shaping the future of women's health in Ethiopia and beyond.

62+

Publications

17+

Years Experience

9 Yrs

Leadership

20+

Students Mentored

## ACADEMIC PROFILE

2026	<b>Subspecialty Certificate — Maternal-Fetal Medicine</b> <i>Jimma University &amp; Univ. of Lyon, France</i>
2018	<b>Associate Professor — OB/GYN</b> <i>Wollega University</i>
2014	<b>Assistant Professor — OB/GYN</b> <i>Wollega University</i>
2014	<b>Specialty Certificate — Obstetrics &amp; Gynecology</b> <i>Jimma University</i>
2007	<b>Doctor of Medicine (MD)</b> <i>University of Gondar</i>

## CLINICAL EXPERIENCE

- ▶ **Consultant OB/GYN** — *Wollega University Comprehensive Specialized Hospital* (10+ years)
- ▶ **Obstetrician-Gynecologist** — *Gimble Adventist Hospital* (10 months)
- ▶ **Obstetrician-Gynecologist** — *Matu Karl Comprehensive Specialized Hospital* (2 months)
- ▶ **OB/GYN Resident** — *Jimma University Medical Centre* (4 years)
- ▶ **General Practitioner** — *Nedjo General Hospital* (9 months)

- BMC Pregnancy & Child Health

**Editorial Board Member:**

- Ethiopian Journal of Reproductive Health
- Medical & Health Sciences Research Journal
- Journal of Nursing Education & Practice

**Publication Committee:**

- Int'l Urogynecology Journal / IUGA

**PEER REVIEWER**

- BMC Journals
- Dove Press Journals
- PLOS ONE
- SAGE Journals
- Wiley Journals
- F1000 Research
- Eth. J. Health Sciences
- Eth. J. Reproductive Health

**LEADERSHIP EXPERIENCE (9 YEARS)**

- 2025–pres. Focal Person, Nekemte Branch** · Ethiopian Society of OB/GYN (ESOG)
- 2024–pres. Board Member** · Oromia Physician Association
- 2020–2021 Coordinator, COVID-19 Treatment & Diagnostic Center** · Wollega University
- 2018–2025 Chief Executive Director (VP Rank)** · Wollega Univ. Institute of Health
- 2017–2025 Board Member & Secretary** · Wollega Univ. Comprehensive Specialized Hospital
- 2017–2018 CEO** · Wollega University Referral Hospital
- 2013/2014 Chief Resident, OB/GYN Dept.** · Jimma University
- 2009–2010 HIV/AIDS Prevention Coordinator** · Wollega University

**AWARDS & RECOGNITIONS**

- ★ Outstanding Performance — Free Summer Service, Wollega Univ. CSH (2024)
- ★ Recognition for Support to Internally Displaced People — Tumsa Lami Charity (2023)
- ★ Extraordinary Contribution in COVID-19 Prevention & Treatment (2023)
- ★ Outstanding COVID-19 Diagnostic & Treatment Centre — Wollega Univ. CSH (2021)
- ★ Recognition for Contribution to Women's Health — Wollega Univ. Gender Office (2021)
- ★ Certificate of Recognition — Engender Health (2017)
- ★ Best Teaching Hospital — Wollega Univ. CSH, Oromia Regional Health Bureau (2016)
- ★ Best Instructor Certificate — Wollega Univ. School of Medicine (2016)
- ★ Best Instructor Certificate — Wollega Univ. School of Medicine (2015)

**PROFESSIONAL TRAINING & CERTIFICATIONS**

◆ Android Fundamentals — Global Chapters Ethiopia <b>2026</b>	◆ AI Fundamentals — Global Chapters Ethiopia <b>2026</b>
◆ Training on Preeclampsia Screening <b>2025</b>	◆ Training on Fetal Anomalies <b>2025</b>
◆ TOT on ANC & Preconception Care <b>2025</b>	◆ Master Class for Teaching Online (edX) <b>2024</b>
◆ Science & Health — Hubei Univ. of Medicine, China <b>2024</b>	◆ Grant Writing <b>2023</b>
◆ Gynecologic Oncology <b>2016</b>	◆ Perinatal Medicine & Diagnostic Ultrasound <b>2016</b>
◆ Transformational Leadership & Skills Dev. <b>2016</b>	◆ Family Planning & Abortion Care <b>2015</b>
◆ Care for Survivors of Sexual Violence <b>2010</b>	◆ Behavior Change Communication (BCC) <b>2009</b>
◆ Effective Teaching Skills <b>2009</b>	◆ Emergency Obstetric Care <b>2008</b>
◆ Comprehensive HIV Training for Physicians <b>2007</b>	

**PROJECT EXPERIENCE**

- ▶ **Family Planning by Choice (FPbC)** Funded by UK's Foreign, Commonwealth & Development Office
- ▶ **NORAD HIV/AIDS Prevention & Control Project** 2010
- ▶ **Vision Aid Overseas — Eye Care Access in Developing Countries** 2020–2021
- ▶ **Major Cities Emergency & Critical Care Improvement Program (MEICIP)** Funded by Federal Ministry of Health, Ethiopia — 2022

## RESEARCH PUBLICATIONS (62 TOTAL)

### 2026

1. Etafa W, Tilahun T, Daka DT et al. **Risk factors for surgical site infections following cesarean section in Ethiopia: umbrella review.** *BMC Pregnancy & Childbirth* 26:523 (2026)
2. Girma A, Tilahun T & Debela DT. **Pentalogy of Cantrell with Absent Limb at Jimma University Medical Centre — Case Report.** *Ethiopian Journal of Reproductive Health* 18(02) (2026)
3. Hambisa MA, Fite MB, Getachew RG, Tilahun T et al. **Predictors of surgical site infections following cesarean delivery in public hospitals of West Ethiopia: A cohort study.** *PLoS ONE* 21(1):e0339930 (2026)

### 2025

4. Tilahun T, Lemi DB & Gebi DJ. **Iniencephaly Clausus as a Rare Form of Complex Neural Tube Defect from Rural Ethiopia — Case Report.** *Ethiopian Journal of Reproductive Health* 17(04) (2025)
5. Tilahun T. **Chronically retained gauze (gossypiboma) resembling a mature cystic teratoma after Cesarean delivery — Case Report.** *Patient Safety in Surgery* 19:29 (2025)
6. Diriba DC, Tilahun T, Akuma AO et al. **Work engagement and its associated factors among nurses in hospitals of western Ethiopia.** *BMC Nursing* 24:1254 (2025)
7. Bayisa G, Edessa D, Deyasa M, Gobena G, Obsa D, Tilahun T et al. **Enhancing senior physician-led multidisciplinary team rounds to improve patient care at Wallaga University Comprehensive Specialized Hospital.** *BMJ Open Quality* 14:e003429 (2025)
8. Ketema Badasa, Mesfin Abera, Mulugeta Abebe, Gudetu Fikadu, Tilahun T et al. **Improving utilisation of the WHO surgical safety checklist at Wollega University Referral Hospital: a multidimensional quality improvement project.** *BMJ Open Quality* 14:e002599 (2025)

### 2024

9. Bayisa G, Edessa D, Limenu K, Tilahun T et al. **Optimising timely and safe oxygen delivery systems for enhanced patient care: a quality improvement project at Wallaga University Comprehensive Specialized Hospital.** *BMJ Open Quality* 14(1):e003059 (2024)
10. Mereta Z, Tilahun T, Fantahun F, Oljira R & Mosisa G. **Teenage pregnancy in rural Ethiopia: The case of Jima Arjo District, East Wallaga, Western Ethiopia.** *Ethiopian Journal of Reproductive Health* 16(4) (2024)
11. Diriba A, Tilahun T, Gonfaa L et al. **Concordant fatal congenital anomaly in twin pregnancy: a case report and review of the literature.** *Journal of Medical Case Reports* 18:406 (2024)
12. Abdi M, Tamiru A, Tilahun T et al. **Factors associated with human papillomavirus infections among women living with HIV in public health facilities in Western Oromia, Ethiopia.** *BMC Women's Health* 24:423 (2024)
13. Begna O, Gemede HF, Motuma A, Tilahun T et al. **Willingness to join community-based health insurance and associated factors among households in Nekemte City, Ethiopia.** *Journal of Health, Population and Nutrition* 43:71 (2024)
14. Regasa MT, Shibiru T, Tilahun T, Bayisa G, Negari GK. **Congenital Malaria in a 20-Day-Old Neonate: A Case Report and Literature Review.** *Research and Reports in Neonatology* 14:39–42 (2024)
15. Diriba DC & Tilahun T. **Nurses' perception of hospital culture and readiness of evidence-based practice integration in western Ethiopia.** *BMC Nursing* 23:103 (2024)
16. Bayisa G, Limenu K, Dugasa N, Tilahun T et al. **Pain-free hospital implementation: a multidimensional intervention to improve pain management at Wallaga University Referral Hospital, Nekemte.** *BMC Research Notes* 17:28 (2024)
17. Tilahun T, Kebede D, Tesfaye H & Feyisa D. **Spontaneous pneumothorax during pregnancy — Case Report.** *Medical and Health Sciences Research Journal* 1(1):05–10 (2024)
18. Diriba DC & Tilahun T. **Transforming research in Ethiopia: The case of health and medicine research.** *Medical and Health Sciences Research Journal* 1(1):01–04 (2024)

### 2023

19. Tilahun T, Nura A, Oljira R, Abera M, Mustafa J. **Spontaneous cesarean scar dehiscence during pregnancy: A case report and review of the literature.** *SAGE Open Medical Case Reports* 11 (2023)
20. Terefa DR, Tesfaye E, Tilahun T et al. **Impact of the COVID-19 pandemic on the cost of chronic diseases treatment and care at public hospitals in Wallaga zones, Ethiopia.** *BMJ Open* 13:e070195 (2023)
21. Oljira R, Tilahun T, Tiruneh G et al. **Postpartum family planning uptake and its associated factors among postpartum women in Asosa zone, Benishangul Gumuz regional state, Ethiopia.** *Contraception and Reproductive Medicine* 8:53 (2023)
22. Oljira R, Merdassa E, Kejela G, Fentahun F, Tilahun T. **Determinants of perinatal mortality at tertiary hospitals in East Wollega, Western Ethiopia: a case-control study.** *Journal of International Medical Research* 51(2) (2023)
23. Bayisa G, Gonfaa L, Badasa K, Tilahun T et al. **Improving medical record completeness at Wallaga University Referral Hospital: a multidimensional quality improvement project.** *BMJ Open Quality* 13:e002665 (2023)
24. Tilahun T et al. **Coexistence of Primary Umbilical Endometriosis and Endometrial Hyperplasia: A Case Report and Review of the Literature.** *International Medical Case Reports Journal* 16:323–328 (2023)

## 2022

25. Tilahun T, Oljira R, Getahun A. **Sexual assault cases managed at a referral hospital in Western Ethiopia: A retrospective cross-sectional study.** *SAGE Open Medicine* 10 (2022)
26. Tilahun T, Tesfaye Bekuma T, Getachew M, Oljira R, Seme A. **Perception and Experience of Youth About Sexual and Reproductive Health Services in Western Ethiopia.** *Health Services Insights* 15 (2022)
27. Tilahun T, Bekuma TT, Getachew M et al. **Barriers and determinants of postpartum family planning uptake among postpartum women in Western Ethiopia.** *Archives of Public Health* 80:27 (2022)
28. Temesgen D, Tilahun T, Oljira R & Etana B. **Utilization of Maternal Health Services in Western Ethiopia: A Community-Based Cross-Sectional Study.** *Asian Research Journal of Gynaecology and Obstetrics* 8(3):22–32 (2022)
29. Ebisa T, Tilahun T et al. **Antenatal Care Service Utilization among Women who Gave Birth amid COVID-19 Pandemic in Wollega Zone, Western Ethiopia.** *Ethiopian Journal of Reproductive Health* 14(4) (2022)
30. Tilahun T, Tadesse A, Oljira R. **Spontaneously Expelled Lippes Loop IUD After 40 Years of Use: A Case Report and Review of the Literature.** *International Medical Case Reports Journal* 15:373–377 (2022)
31. Tesfaye B, Tilahun T, Dechasa Heyi W, Oljira R. **Associated factors of positive visual inspection of cervix with acetic acid test among women screened for cervical cancer in Woliso town, Ethiopia.** *SAGE Open Medicine* 10 (2022)
32. Dereje L, Tilahun T, Markos J. **Determinants of successful trial of labor after a previous cesarean delivery in East Wollega, Western Ethiopia: A case-control study.** *SAGE Open Medicine* 10 (2022)
33. Tilahun T, Oljira R, Getahun A. **Pattern of semen analysis in male partners of infertile couples in Western Ethiopia: Retrospective cross-sectional study.** *SAGE Open Medicine* 10 (2022)
34. Tesema O, Tilahun T, Kejela G. **Determinants of uterine rupture at public hospitals of western Ethiopia: A case-control study.** *SAGE Open Medicine* 10 (2022)
35. Tilahun T, Wakgari A, Legesse A et al. **Postpartum spontaneous vulvar hematoma as a cause of maternal near miss: a case report and review of the literature.** *Journal of Medical Case Reports* 16:85 (2022)

## 2021

36. Tilahun T & Desta D. **Successful Expectant Management of Anomalous Fetus with Sirenomelia in Twin Pregnancy: A Case Report and Literature Review.** *International Medical Case Reports Journal* 14:229–232 (2021)
37. Birhanu Z, Ambelu A, Fufa D, Tilahun T et al. **Risk perceptions and attitudinal responses to COVID-19 pandemic: an online survey in Ethiopia.** *BMC Public Health* 21:981 (2021)

38. G/Mariam B, Tilahun T, Merdassa E, Tesema D. **Indications, Outcome and Risk Factors of Cesarean Delivery Among Pregnant Women at Selected Public Health Institutions, Oromia Region, South West Ethiopia.** *Patient Related Outcome Measures* 12:227–236 (2021)
39. Tilahun T & Gudina G. **Hypoglycemia as a cause of sudden cardiac arrest during cesarean delivery under spinal anesthesia: a case report and review of the literature.** *Journal of Medical Case Reports* 15:376 (2021)
40. Tilahun T, Bekuma TT, Getachew M et al. **Assessment of access and utilization of adolescent and youth sexual and reproductive health services in western Ethiopia.** *Reproductive Health* 18:85 (2021)
41. Firdisa G, Tilahun T, Kejela G. **Determinants of uterovaginal prolapse in Western Ethiopia.** *International Urogynecology Journal* (2021)
42. Tilahun T, Sura B, Merdassa E. **Determinants of obstetric fistula in South-western Ethiopia.** *International Urogynecology Journal* (2021)

## 2020

43. Abdisa E, Fekadu G, Girma S, Tilahun T et al. **Self-stigma and medication adherence among patients with mental illness treated at Jimma University Medical Center, Ethiopia.** *International Journal of Mental Health Systems* 14:56 (2020)
44. Tilahun T. **Redesigning Hospitals for Covid-19 Treatment in Resource Limited Setting: A Real Challenge.** *COJ Nurse Healthcare* 6(3) (2020)
45. Ebisa T, Ginenus F, Bedasa T, Tilahun T et al. **The impact of antenatal care on maternal near-miss events in Ethiopia: A systematic review and meta-analysis.** *International Journal of Africa Nursing Sciences* 13:100246 (2020)
46. Lemi Kumela, Tilahun T, Demeke Kifle. **Determinants of Maternal Near Miss in Western Ethiopia.** *Ethiopian Journal of Health Sciences* 30(2):161 (2020)
47. Ebo GG, Tilahun T, Heyi WD. **Cervical Cancer Screening Practice and Associated Factors in Bishoftu Town, Eastern Ethiopia.** *Gynecology & Obstetrics (Sunnyvale)* 10:538 (2020)

## 2019

48. Tilahun T, Tulu T & Dechasa W. **Knowledge, attitude and practice of cervical cancer screening and associated factors amongst female students at Wollega University, western Ethiopia.** *BMC Research Notes* 12:518 (2019)
49. Tekelab T, Akibu M, Tagesse N, Tilahun T, Yohanes Y & Nepal S. **Neonatal mortality in Ethiopia: a protocol for systematic review and meta-analysis.** *Systematic Reviews* 8(1):103 (2019)

## 2018

50. Tilahun G, Mondal S, Mathi Vanan, Mohamud A & Tilahun T. **Effects of Aerobic Exercise on Viral Load Count among People Living with HIV/AIDS in Nekemte, Ethiopia.** (2018)
51. Bekabil TT. **Uterine Rupture among Women who Gave Birth at Nekemte Referral Hospital: Case Control Study.** *Biology and Medicine (Aligarh)* 10:430 (2018)
52. Ayza A, Tilahun T, Bedada D. **Magnitude and Obstetric Complications of Twin Deliveries at Nekemte Referral Hospital, Western Ethiopia: Facility-based Case Control Study.** *Biology and Medicine (Aligarh)* 11:454 (2018)
53. Habtamu Regassa, Tilahun T & Hasen Adem. **Utilization of partograph and associated factors among obstetric care givers in hospitals of Western Oromia, Ethiopia, 2017.** *Panacea Journal of Medical Sciences* 8(1):21–24 (2018)
54. Bekabil T & Erena BE. **Successful Expectant Management of Cotwin Death in Septate Uterus — Case Report.** *Journal of Clinical Case Reports* 8:1086 (2018)

## 2016

55. Worku Dechasa, Tilahun T & Gemechu Gudeta. **Knowledge, attitude and practice of cervical cancer screening among women aged 15–49 years in Bishoftu town, Ethiopia, 2016.** *Ethiopian Journal of Reproductive Health* 10(2):42–52 (2016)

## 2015

56. Tilahun T. **Vaginal Leech Infestation: A Rare Cause of Hypovolemic Shock in Postmenopausal Woman.** *Ethiopian Journal of Health Sciences* 25(4):377 (2015)
57. Tilahun T & Segni H. **Anencephalic Twins: Rare Occurrence in Twin Pregnancy.** *Gynecology & Obstetrics (Sunnyvale)* 5:287 (2015)

58. Bekabil TT & Geleta US. **Antepartum Hemorrhage as Unusual Presentation of Advanced Abdominal Pregnancy.** *Gynecology & Obstetrics (Sunnyvale)* 5:268 (2015)
59. Bekabil TT. **Recurrent preeclampsia and breech presentation in term pregnancy: the case of didelphic uterus.** *International Journal of Reproduction, Contraception, Obstetrics and Gynecology* 4(3):855–858 (2015)
60. Tilahun T et al. **Perinatal complication of twin deliveries at Jimma University Specialized Hospital, South West Ethiopia: A facility-based cohort study.** *Science, Technology and Arts Research Journal* 4(1):134–138 (2015)
61. Bekabil TT, Tsaedu FA, Debelew GT. **Maternal complications of twin deliveries in Jimma University Specialized Hospital, Southwest Ethiopia: A facility-based cohort study.** *Gaziantep Medical Journal* 21(2):84–89 (2015)
62. Tilahun T, Araya F & Tura G. **Incidence and risk factors of twin pregnancy at Jimma University Specialized Hospital, South West Ethiopia.** *Epidemiology* 5:188 (2015)

## BOOKS & EDUCATIONAL MATERIALS

- **Lecture Note:** *History Taking and Physical Examination in Obstetrics and Gynecology for Medicine and Other Health Science Students*

## REFERENCES

### Dr. Tesfaye Lema

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